



Society of Healing Touch of Alberta Newsletter
Issue 23, March 2022

“TOUCHING BASE” - “JUST DO THE WORK”
Welcome to your SHTPA Newsletter for March 2022

Healing Touch Thoughts



MESSAGE from Verna, Director of Special Events and Grants

MARVELOUS MARCH

THE INBETWEEN MONTH OF WINTER AND SPRING

MESSAGE from Verna, Director of Special Events and Grants



Hello Members! Oh this month is going to be a real transitional time for all. As restrictions are lifted, the weather warms and the days become longer our vibrations rise up to meet the sacred. I will be sending out information by end of next week for two, of our upcoming **Day Conferences**, so stay tuned.

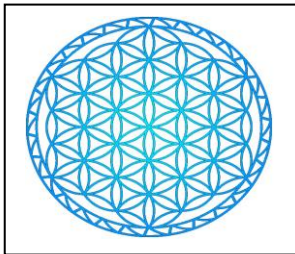
I am delighted to say, it has been a pleasure to explore many topics in the last Thursday of the Month open forums. We have had wonderful discussions on Crystals and Sound energy this year with more topics to come!

This month's Open Forum will be on **Sacred Geometry**. Come and explore ways to use sacred geometry in your practice and of course self-care.

Be Well, Be Healthy, BE!

Hugs and Loving Embraces! ,

MANY, MANY BLESSINGS VERNA, HTCP/I



OPEN FORUM
with Verna



Sacred Geometry 101

Do you know when ever you use HTProgram techniques you are using Sacred Geometry! Yes, Come explore with me where you use them and what the BIG Deal is all about. This is a introduction to Sacred Geometry and how to use it in your practice. The above symbol Flower of Life is particularly intriguing and we could speak about this symbol for hours but will touch on it as a Master Healing Symbol.

Time: MARCH 31, 2022 Thursday 08:00 PM Mountain Time

I will send the link out on Thursday morning as I use the SHTPA link that has been set up.

MEDITATION with Cristiana



Wednesdays at 8:00 PM

" Free guided healing meditations for ourselves, our loved ones, and for our planet Earth, will continue every Wednesday at 8 pm, zoom meeting number: 479 430 3282; password: LOVE"

Here is the link with number and passcode for the Wednesday meditations.

Join Zoom Meeting

<https://us04web.zoom.us/j/4794303282?pwd=VDZ5bUtKYzc2QUUs2eStEcjBaYVZBQT09>

HEALING TOUCH CLASSES

- per regulations from our Provincial Officer of Health

- Level 1** – March 26-27, 2022 - London, ON - Instructor: Cindy Palajac
Contact: Cindy Palajac at: cpalajac@rogers.com or 519-630-6758
- Level 1** – Apr 2-3, 2022 - Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 1** – April 23-24, 2022 – Calgary, AB – Instructor Verna Besselink – In person
Contact: Linda M Martin at: lmartinweeam@hotmail.com or 403 636 0114
- Level 2** – Mar 5–6, 2022 - Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 2** – May 7-8, 2022 - Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 2** – Oct 22-23, 2022 - Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 3** – June 4-5, 2022 - Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 3** – Nov 26-27, 2022 - Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 4** – March 7, 14, 19, 20 and 28, 2022 ONLINE - Instructor: Cindy Palajac
Contact: Cindy Palajac at: cpalajac@rogers.com or 519-630-6758
- Level 4** - May 26-29, 2022 – Val Marie, SK - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399
- Level 5** – Nov 10-13, 2022 – Calgary, AB - Instructor: Betty Minifie
Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399

BURSARIES

REMINDER that the SHTPA provides bursaries for Levels 2 to 6 for Healing Touch Program as well as Levels 1 to 6 for Instructor training.



Angelica Rozsa,
SHTPA Treasurer

Bursaries are \$100.00 per year.

Please feel free to investigate more information on our website under bursaries.

<https://www.societyofhealingtouchprogramalberta.ca/upcoming-classes.html>

*“Helping Healing Touch students
continue with their education in the Healing Touch Program.”*



Healing Touch for Animals:

Level 1 – Apr 1-3, 2022, Edmonton, AB, Canada

<https://www.healingtouchforanimals.com/product-p/11-edmontonab-4.2022.htm>

**The Early Registration Tuition Price
ends on March 6, 2022.**

WORKSHOPS

”Healing through Vibratory Grid”

will be offered again on April 9, live on Zoom, from 9:00 am to 6:30 pm Calgary time, by Jeannette Nienaber, MEd., HTCP/I. You will learn how to connect and attune the chakras, meridians, and bio-field to universal, multidimensional energy grids through the profound Vibratory Grid Activation. This experiential course was developed by Sue Hovland and it is based on Janet Di Giovanni's axiatonal (sound lines) therapy. It is a gentle yet powerful healing tool that can be used alone or in conjunction with other modalities. Participants will experience both giving and receiving this amazing work! Investment: Early Bird: \$150 (until March 15); Regular \$175 To register contact: Cristiana Manole at: luciancris@aim.com; song.of.the.sea.cristiana@gmail.com



WORKSHOPS

ANATOMY FOR HEALERS

Contact: Cristiana if interested

Instructor Jeannette Nienaber

Contact: [Cristiana Manole](mailto:Cristiana.Manole) at: luciancris@aim.com or 403-542-1992

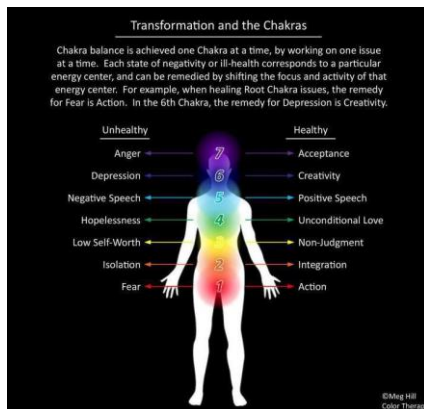
SHTPA Day Conferences

DAY CONFERENCES
COMING
REAL
SOON!

As restrictions are being lifted in Alberta, I've been in contact with several venues to Host our last two Day Conferences, sponsored by HEALING TOUCH WORLDWIDE FOUNDATION!

This is so exciting that we can gather again in community, to share, learn and care for one another!

Cindy Palajac On-line Classes



Taste of Energy Healing-

Learn the basics of Self Care for more optimal health.

March 1, 8, 15, 22

7-8:30 pm EST

\$97

Contact: Cindy Palajac at: cpalajac@rogers.com or 519-630-6758





OUR VISION
Advance Healing Touch Worldwide

OUR MISSION
Support Healing Touch research, service
& education through grant opportunities

NEXT Scholarships DUE DATE JUNE 1, 2022

SALE: LEVEL 1 NOTEBOOKS

PRICE: 40.00

Level 1 Technique Cards 20.00 each or 3 for 50.00

Verna – call or text: 402 601 0529.

HEALING TOUCH/ENERGY CARTOONS:



MEMBERSHIP



Hello Loyal Members,

This is your final reminder to renew your Society of Healing Touch Program Alberta membership for 2022.

The SHTPA membership application form can be found on the website and renewal was due January 25, 2022. If you have already renewed or are a Lifetime Member, please disregard this reminder and thank you!

Membership Application Fees for 2022:

- \$30 – Regular member (Min. L1 Healing Touch Program)
- \$45 – Directory member (L5 or Certified Practitioner) includes website biography
- \$50 – Associate member (no Healing Touch courses required, no voting privileges)

What is included with the membership?

- A website directory listing for HTCP,
- Biography on website (optional for Directory Members),
- Instructor biography for HTCI,
- Mentor biography for those wanting to mentor students,
- Educational resources and course information available to students (practice groups, regular guided meditations, class schedules, mentoring opportunities, newsletter, workshops, lending library),
- Bursary opportunities for students,
- Discounts at partnered businesses that support Healing Touch,
- Voting privileges within SHTPA (excluding Associate memberships), and
- Network through social gatherings, monthly coffee house greet and meet, online forums, and various workshops.
- Free guided weekly meditations for healing ourselves, our loved ones, and our Planet. All who attended are grateful for the meditations, saying: "it is exactly what I needed" " I feel very relaxed", etc. Lots of positive feedback.

Where to send your fees?

Please make your cheques payable to Society of Healing Touch Program Alberta (SHTPA) and mail to Linda M Martin, Site 110 Box 4 RR#3, Sundre, AB T0M 1X0 or E-transfer amount to financeshtpa@gmail.com.

Where to send your updated application form?

Please scan the completed application form and email it back to me at carleycaruso8118@gmail.com. If you have any questions or troubles with the form, please reach out via email.

Our membership total at the end of 2021 is 55 and our goal is to continue growing as a Society. New members are always welcome!

“SHTPA thanks you for your continued support and wishes you all a healthy and Happy New Year”

With Love and Light,

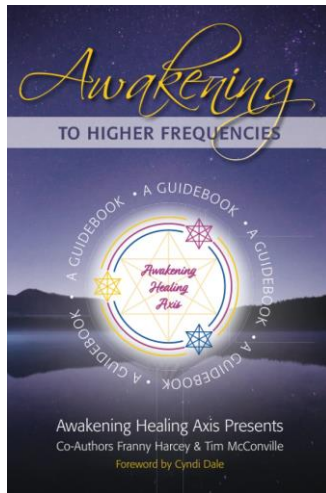
Carley Caruso, B.Sc., HTPA
Healing Touch Practitioner Apprentice

Director of Membership, SHTPA

<http://www.societyofhealingtouchprogramalberta.ca/>

BOOKS to READ

Pick of the month



‘Awakening to Higher Frequencies’

co-authored by Franny Harcey and Tim McConville was published in 2021. Franny and Tim are two of the triad of Awakening Healing Axis. Jeannette Nienaber is the third member. Awakening Healing Axis (AHA) have been collaborating since 2016.

AHA’s intention in writing ‘Awakening to Higher Frequencies’ was to share this guidebook to higher frequencies with healers worldwide, expanding on the work of Barbara Brennan, Cyndi Dale, Rudy Noel and Judy Jacks to name a few. With the help of their personal guides, Ascended Masters, Archangels, Star Beings and sacred geometry, AHA guides us through detailed descriptions to increase our frequency in order to heal self, others and the planet. Franny and Tim take us on a journey from a Basic High Frequency Shift (BHFS) which includes; intention, protection, core essence, hara attunement/anchoring/transmuting/repair, vivaxis transmuting, chakra opening, core expansion and elevation to Matrix Quantum Healing. I am sure some of these will tweak your interest.

Since I finished the book a week ago I have been doing the BHFS self-healing. I am certainly more grounded and less anxious about the division (the freedom convoy) of our national collective. I believe this is just the beginning of an interesting experiential journey with the seen and unseen. This is a perfect reference book for a healer’s library.

The only fault this book has is there is no index. It redeems itself with conciseness.

- Linda M. Martin is a Certified Healing Touch Practitioner and Founding Member of the Society of Healing Touch Program Alberta



What have you read recently?

How about sharing with your fellow healing touch practitioners.

So many books, so much learning!

WORDFIND:

T	T	Y	D	N	U	O	S	A	R	T	L	U	S
O	R	O	S	P	I	R	A	L	N	A	L	P	A
C	U	A	O	I	R	A	H	M	E	A	M	L	C
L	A	S	E	R	N	I	P	A	S	S	E	S	R
E	N	G	T	H	O	U	U	G	C	H	D	E	A
A	C	H	A	K	R	A	S	N	S	C	I	U	L
R	W	O	R	B	O	P	E	E	O	D	T	Q	F
I	W	P	L	E	X	U	S	T	N	R	A	I	C
N	O	I	T	N	E	T	N	I	W	A	T	N	I
G	U	P	R	N	A	C	M	C	O	I	I	H	R
B	N	E	E	T	O	U	C	H	R	N	O	C	E
O	D	R	E	D	D	U	C	S	C	T	N	E	H
D	G	O	C	I	T	A	H	P	M	Y	L	T	T
Y	I	C	E	L	E	S	T	I	A	L	C	E	E

BROW DRAIN LASER PASSES SINUS
 BODY ENERGY LYMPHATIC PLAN SPIRAL
 CELESTIAL ETHERIC MAGNETIC PLEXUS TECHNIQUES
 CHAKRA HEART MIND ROOT TOUCH
 CLEARING HOPI MEDITATION SACRAL ULTRASOUND
 CORE INTENTION PAIN SCUDDER WOUND
 CROWN

ANSWER: Remember: _____

SHTPA Board Contact Information:

Current Board of Directors

Current Board Members:	Name	Email	Phone
President - INTERIM	Angelica Rozsa	angelica.rozsa@gmail.com	403-969-0515
VP/Director of Education/Outreach	Cristiana Manole	luciancris@aim.com	403-542-1992
Director of Membership	Carley Caruso	carleycaruso8118@gmail.com	403-308 0362
Treasurer	Angelica Rozsa	angelica.rozsa@gmail.com	403-969-0515
Secretary - INTERIM	Verna Besselink	vernashealingtouch@gmail.com	403-601-0529
Committees:			
Chair of Special Events and Grants	Verna Besselink	vernashealingtouch@gmail.com	403-601-0529
Director:	Linda M. Martin	lmartinweeam@hotmail.com	403 636 0114

SUBMISSIONS FOR “YOUR” NEWSLETTER



Please send submissions to your monthly newsletter to Valerie Hepburn, SHTPA Newsletter at vhepburn@telus.net Submissions received prior to the 28th of each month will be included in the following months newsletter.

Till next month, Stay Safe and “Just Do The Work”. – *Your SHTPA Board*

We encourage all members to make submissions to “your” newsletter – do you have an healing touch story or a book for the ‘book of the month’ that you would like to include in the April 2022 newsletter.