



Society of Healing Touch of Alberta Newsletter
Issue 2, June 2020

“TOUCHING BASE” - “JUST DO THE WORK”

Welcome to your SHTPA Newsletter for June 2020

Notes from the President!

A big shout out to all who have been working during this unusual time of the lock down. Behind the scenes your Board has been tying the loose ends of the cancelled Conference. You may all be familiar with Zoom and I have heard that we are now called 'Zoomers'. Your Board is working to keep the energy of the Society flowing. The Board is calling members and past members to check in and below are a few of the things we have heard from you:

- grateful for the call
- hope the SHTPA continues
- have another conference
- encourage the young ones
- get together and share healing times
- courses are too expensive
- continue to support the bursaries and thanks for the financial support
- lunch and learn to spread the Healing Touch word

We appreciate the feedback and if you are talking to any of the Board members please thank them. You have a fantastic Board working for you.

My term as President is up this fall. Its been a wonderful experience. If any of you would like to sit on the Board in the future please contact me or any other Board member. All Board members take training in Board development. Its a great way to deepen relationships and have fun too! I am also looking for 2 members to do the Financial Audit for 2021. Its not a big time commitment. Call me if you have questions or would like to contribute to the Society.

Serving Your SHTPA Board – as a Phoning Committee for Spring 2020

Hello Members. We've had the privilege to talk to several members over the past few weeks and we thank you for your loving support and kindness to the Society Board. All your messages have been relayed to the Board at our last Monthly meeting. Several people, we have not been able to reach and have left messages so, if you would like to share your concerns and ideas with the Society please give us a callback. The Board is continuing to make calls over the next few weeks. If you have not been contacted, please contact our Membership Director through our website to update your contact information. Many Blessings to you all and we will be keeping in touch!

Phoning Committee: Verna/Linda/Cristiana/Angelica

SHTPA Board Contact Information:

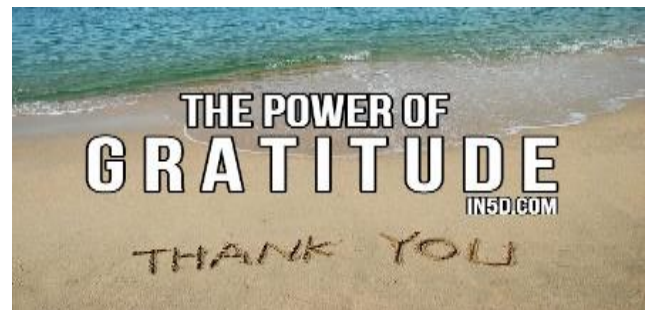
Position	Name	Email	Phone
President	Linda M. Martin	lmartinweeam@hotmail.com	403-636-014
VP/Director of Education/Outreach	Cristiana Manole	luciancris@aim.com	403-542-1992
Director of Special Projects/Grants	Verna Besselink	vernashealingtouch@gmail.com	403-601-0529
Director of Membership	Carla Evers	evers_carla@hotmail.com	403-710-4080
Treasurer	Angelica Rozsa	angelica.rozsa@gmail.com	403-969-0515
Secretary/Newsletter	Valerie Hepburn	vhepburn@telus.net	403-620-7051

GRATITUDE GALORE

On April 22 my husband Errol had a stroke and I asked the healers to help. Within three days he regained the use of his left arm and hand. We are most grateful to all of you who sent energetic healing to him at that time. The Dr said he would have a complete recovery and he did. The assessment done at Foothills hospital was completed within 6 hours and what happen was the plaque that had built up on the right carotid artery broke away and went to the brain causing the stroke. He is now taking aspirin for the rest of his days apart from that he is back to normal and is using his left hand to do puzzles just for fun. Our hearts are full of gratitude to all the medical people and to you for helping us through. Remember call 911 and then call your Healing Touch friends.

Knowing Healing Touch I did Mind clearing for him and from Spring Forest Qigong stroked his middle and baby fingers down towards the palm of his hand on both hands. He does this for himself too. Also massaging the center point on each hand helped I know. He also has some balls to squeeze that are different densities. The sooner you get working on it the better.

When I took Level 5 Healing Touch years ago in Niagara Falls I met a lady whose son had a massive stroke and heart attack. He was 32 years old at the time and went into a coma. The doctors said there was little chance of him recovering. His Mom had taken Healing Touch so she went daily to the hospital and did Mind clearing for a full year until he came out of the coma and made a full recovery over time. At the time she was still having him come for lunch once a week so she could do Mind clearing for him. I have lost track of them now but I am sure they are still doing it. She taught me the power of dedication, commitment and love as well as the power of Healing Touch.



In love and light, Marsha Read, Calgary, Canada

Message on

IMPORTANCE of SELF CARE

Verna HTP/I
Director of Special Projects/Grants
vernashealingtouch@gmail.com
403 601 0529.

Trusting all are doing well, staying healthy, doing self care during this pandemic.

Self Care is so vital and essential during times like we are currently going through. Verna Besselink, Director of Special Projects/Grants for SHTPA has the following message:

“Verna here to say "Hang in There". Use your Chakra Connection to calm and balance your systems for a better you! Post it in your Bedroom or on your Fridge as you have the tools to stay balanced. I know, I know we would all love to get on the table again. Reach out to a classmate or other Practitioner for a long-distance treatment. It's great to have a Healing Buddy to be able to call and ask. You are welcome to send me a text or email and I will send you a HT Session. Be Well, Be Healthy, BE”



Take one minute daily to calm all of your chakras. It reduces stress in your body and trains it so that you can reach calm in the moment, when you need it.

SmallScaleDailyHealing.com

HEALING TOUCH COURSES

**Level One
Course
will be scheduled
for November 2020**
per regulations from our Provincial Officer of Health
Please direct new students to our Website
www.societyofhealingtouchprogram.ca
for details or call
Verna Besselink/HTP/I
403 601 0529

MEMBERSHIP

Hear Ye! Hear Ye!
We are updating your membership list!
Some of our past members have not renewed
their Membership!

You will miss out on
Notices
Courses
Workshops
Special Events
Retail Partner Discounts
and
Membership Gatherings!

Please consider ReNewing Today
www.healingtouchprogramalberta.ca
1st page under
We are a Community!

Thank you for your continued Support
Carla Evers, Members Director
Society of Healing Touch Program Alberta
Healing Touch Program

MEDITATION on TUESDAYS

Please join us for a Meditation online on ZOOM. Cristiana is organizing this for us. Make yourself a refreshing drink/snack and join us at 7:00 PM starting May 4 for a half hour online chat and meditation.

Zoom meeting on Tuesday at 7:45 pm, zoom ID meeting: 323 - 193 - 2477; Password: LOVE

Download the zoom app on the phone/computer, and 5 minutes before the meeting open it and add the ID and the password.

Healing Touch Worldwide Foundation, Inc. (HTWF)

May celebrated the 2nd Annual Healing Touch Month. Monday's during May the HTWF at 5:45 pm (local time) asked members to light a candle and listen to a meditation created specifically for this time and event to ground, attune and create a circle around the Hara of Healing. At 6:00 pm they asked healers to send love and intention for healing – safety for loved ones, clients, healthcare, front line service people, communities, the world at large and healing COVID-19. Healers were asked to hold this healing intention for 15 minutes. Then healers were asked to blow out their candle – KNOWING THAT THEY MADE A DIFFERENCE!

HTWF also suggested the following:

1. Remote Healing Touch Sessions or In-Person Session (If social distancing is lifted):
 - a. Provide Healing Touch for your neighbour, a friend, friend's sick/stressed loved one
 - i. How Remote Healing Touch Sessions are Conducted
 1. Remote Healing Touch sessions are conducted in the same way that in person sessions are held. The trained practitioner and client talk on the phone or computer and the following occurs:
 - a. An intake that includes consent for treatment and intention setting
 - b. Application of therapeutic Healing Touch techniques
 - c. Post treatment energetic assessment
 - d. Follow up conversation exchanging feedback
 - b. Organize HT for: Nurses week offerings, front line workers, service people providing our food and necessities
2. Intro to Healing Touch:
 - a. Organize a ZOOM community or individual awareness
3. Volunteer for an existing remote event:
4. Check the HTWF website for "I want to volunteer" button
5. Be Counted:
 - a. Email a brief description of your activity along with the number of participants and/or sessions to htwfoundation@aol.com
 - b. HTWF encourages you to register in Hearts Worldwide, a volunteer platform to enter gifted HT treatments. Get all details at www.HTWFoundation.org
 - c. Your participation Matters – Let's increase awareness of Healing Touch Worldwide – an opportunity to "Pay-It-Forward" – be a Steward of Outreach

NOTE: THE HTWF contributed a grant towards the 2020 SHTPA Conference that due to Covid-19 was cancelled. They have asked that the funds they contributed be retained by SHTPA to put towards 3 smaller conferences over the next 18 months. Stay tuned for further information.

Please send submissions to our monthly newsletter to Valerie Hepburn, Secretary, SHTPA at vhepburn@telus.net Submissions received prior to the 21 of each month will be processed for inclusion in the following months newsletter.

Till next month, Stay Safe and "Just Do The Work". – *Your SHTPA Board*