



Society of Healing Touch of Alberta Newsletter
Issue 2, July 2020

“TOUCHING BASE” - “JUST DO THE WORK”

Welcome to your SHTPA Newsletter for July 2020



Notes from the President!

Hello Treasured Members – Your SHTPA Board has had the last meeting before our summer two month break. We have made Strategic Plans for the upcoming year, which includes better communication with members. The AGM date has changed to November 1, 1-4 pm and we are looking for volunteers for that gathering. We need volunteers! Available positions for the AGM are:

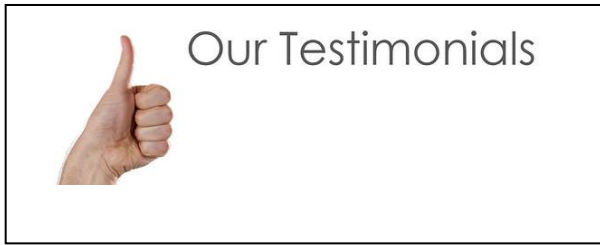
- provide a snack
- to sit at reception
- bring a beverage
- help set up the room
- help set out the snacks
- help cleanup

I also need 2 volunteers for our annual Audit for the year 2021. It is a 1page fiscal year end report. A time commitment of less than 2 hours.

If you can help in any small way please email me at Immartinweeam@hotmail.com or phone 403 636 0114. We would greatly appreciate any bit of help.

We are really looking for some help on the Board for some special projects or Board positions. If you have any interest in supporting your Society please email or contact me at the above email or phone number.

Stay tuned for more information on the November 1, 2020 AGM. Heather Plaizier will be our guest and facilitate a Sharing Circle about our collective healing journey.



“SHARING is CARING”

Bev Hallett from Sundre shared the following email from her sister Faye:

Hi Bev: About two months ago a phone conversation appointment was arranged with a spine specialist at Caleo Health Centre in Calgary. He phoned today. I had to tell him that I had my hip (left) replaced the end of February. Shortly afterwards I was experiencing extreme pain in my right leg - from the hip to the knee. I went to my family doctor in Red Deer who said the pain was in my head and referred me to Caleo. A week or so later my sister, a registered Healing Touch Practitioner, came and gave me a treatment. Viola, the pain went and has not come back. As soon as I told this to the doc at Caleo, he immediately exclaimed, “Yes, your pain was caused by a mix- up in your energy fields due to your surgery. Your sister did the correct thing. Tell her to keep up the good work. Don’t stop.”

MEDITATION on TUESDAYS



MEDITATION with Cristiana every Tuesday at 7:45 PM

Please join us for a Meditation online on ZOOM. Cristiana is organizing this for us. Make yourself a refreshing drink/snack and join us at 7:00 PM starting May 4 for a half hour online chat and meditation.

Zoom meeting on Tuesday at 7:45 pm, zoom ID meeting: 323 - 193 - 2477; Password: LOVE

Download the zoom app on the phone/computer, and 5 minutes before the meeting open it and add the ID and the password.



MOVING FORWARD

Open Forum on ZOOM



Coming up that's NEW!

Verna will host an Open Forum the Last THURSDAY
of the months at 7:45 p.m.

Thursday, July 30

Thursday, August 27

Thursday, September 24

Hello all you wonderful Healers. Yes, I know another ZOOM meeting. Actually, it's not a Zoom MEETING! It's a Zoom gathering of conscientious minds and “What's Happening” in your Lives!

We are here to Listen – Answer Questions – and be connected!

No need to let me know Just Zoom into this Link on the Above Dates:

Verna Besselink is inviting you to a scheduled Zoom meeting.

Topic: Verna Besselink's Personal Meeting Room

Join Zoom Meeting

<https://us04web.zoom.us/j/9563051729?pwd=TTVrOXpPdmRSOHJHL2Z5eGp3eitUZz09>

Meeting ID: 956 305 1729

Password: Calgary

COVID 19 - Healing Touch Program UPDATE - HTPractitioners!

Hello Healers. You can see clients in Alberta as we fall under:

WELLNESS SERVICES guidelines for start – up Phase 2 – relaunch Alberta.

<https://www.alberta.ca/coronavirus-info-for-albertans.aspx>

Relaunch Guidance Documents.

[Wellness services](#) (June 9)

Alberta updates web page has the 4 page guidelines following the above link and pages.

Many Blessings,

Verna

STAY TUNED - MINI CONFERENCES in 2021 - JUST FOR YOU!

In place of our last amazing conference being let go, we are extending an invitation to you to be a part of **three** MINI Conferences. YES, **THREE** Mini Conferences consisting of ONE FULL DAY in Calgary next YEAR. IT'S ALL GOOD! Stay TUNED.

DATES COMING as soon as we can Secure Facilities! Many Blessing – Verna L. Besselink, HTCP/I

SOCIETY OF HEALING TOUCH PROGRAM OF ALBERTA

OUR MISSION

“The Society of Healing Touch Program Alberta promotes Healing Touch Program through Leadership, Information, and Community Projects by bringing Healing Touch into our communities and providing education and personal growth opportunities for those in Healing Touch Program. The Society of Healing Touch Program Alberta contributes to Janet Mentgen's dream of Healing Touch in every home, school and hospital by 'Just Doing The Work'.”

Have you checked out the SHTPA Website at: <https://www.societyofhealingtouchprogramalberta.ca/>

Have you checked out the SHTPA Facebook at:

https://www.facebook.com/search/top/?q=the%20society%20of%20healing%20touch%20program%20alberta&epa=SEARCH_BOX

Have you checked out the following YouTube regarding Healing Touch Techniques:

Betty Minifie (Pearson) - Healing Touch Self Care (Includes Skudder Technique)

<https://www.youtube.com/watch?v=eAV4FD9W4xU>

Self Chakra Connection. Each position ought to be held for 1 minute, this is a review only.

<https://www.youtube.com/watch?v=T0Km6yHCxYk>

Self-Mind Clearing Technique

<https://www.youtube.com/watch?v=zXaudcDbOXE>

Have you checked out the following other Healing Touch related YouTubes:

Grounding Your Energy as a Healer: Rev. Rosalyn Bruyere & Dr. Shamini

Jain: <https://youtu.be/15nZlvXOnrU> (<https://youtu.be/15nZlvXOnrU>)

Bioenergy Demonstration by Dr. Valerie Hunt: <https://youtu.be/AUqSRVbhC0>

The Healing Power of Energy: Healing Touch https://youtu.be/NI62cJ_xPE0

UPCOMING CLASSES

ANATOMY FOR HEALERS - Instructor Jeannette Nienabar

Contact: [Cristiana Manole](mailto:Cristiana.Manole) at: luciancris@aim.com or 403-542-1992

HEALING TOUCH COURSES - per regulations from our Provincial Officer of Health

Level 1 - August 15-16, 2020 - Calgary, AB - Instructor: Betty Minifie

Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399

Level 1 - Fall 2020 – Calgary, AB – Instructor Verna Besselink

Contact: Linda M Martin at: lmartinweeam@hotmail.com or 403 636 0114

Level 1 - Fall Oct/Nov 2020 – Lethbridge, AB – Instructor Verna Besselink

Contact: Linda M Martin at: lmartinweeam@hotmail.com or 403 636 0114

Level 2 - Fall 2020 – Sundre, AB – Instructor Elke Nowicki

Contact: Linda M Martin at: lmartinweeam@hotmail.com or 403 636 0114

Level 2 - August 22 -23, 2020 – Swift Current, SK - Instructor: Betty Minifie

Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399

Level 3 - July 25 - 26, 2020 - Calgary, AB - Instructor: Betty Minifie

Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399

Level 5 - Nov 12 - 15, 2020 - Calgary, AB - Instructor: Betty Minifie

Contact: Betty Minifie at: therapeuticbalancing@gmail.com or 403-474-7399

BURSARIES



- provided by SHTPA
- for Healing Touch Program Classes



Our objectives as a registered Society are to provide Educational Opportunities for our members. Financial assistance in the form of a bursary to individuals wishing to attend any Healing Touch Program Class is one of the delivery systems *provided to our members*.

The SHTPA encourages students who are keen to study Healing Touch Program, but are hesitant due to financial challenges, to apply to the Society Bursary Program.

MEMBERSHIP

With your membership you receive information on: Notices, Courses, Workshops, Special Events, Retail Partner Discounts, and Membership Gatherings!

Currently we have 54 active members belonging to SHTPA.

Please consider ReNewing Today by going to SHTPA website at: www.healingtouchprogramalberta.ca
(See the first page under “We are a Community!”)



**“Thank you for your continued Support “
Carla Evers, Members Director**

SHTPA Board Contact Information:



Position	Name	Email	Phone
President	Linda M. Martin	lmartinweeam@hotmail.com	403-636-014
VP/Director of Education/Outreach	Cristiana Manole	lucciancris@aim.com	403-542-1992
Director of Special Projects/Grants	Verna Besselink	vernashealingtouch@gmail.com	403-601-0529
Director of Membership	Carla Evers	evers_carla@hotmail.com	403-710-4080
Treasurer	Angelica Rozsa	angelica.rozsa@gmail.com	403-969-0515
Secretary/Newsletter	Valerie Hepburn	vhepburn@telus.net	403-620-7051

SUBMISSIONS FOR YOUR NEWSLETTER



Please send submissions to our monthly newsletter to Valerie Hepburn, Secretary/Newsletter, SHTPA at vhepburn@telus.net Submissions received prior to the 21 of each month will be processed for inclusion in the following months newsletter.

Till next month, Stay Safe and “Just Do The Work”. – *Your SHTPA Board*

“HAPPY”

